

2010 Membership Application for the Queen City Striders

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

E-mail _____ Birth Date _____

Other family members (List Name and birth date) – Family membership level only

Please check your membership level:

Individual Membership (\$15.00) _____

Family Membership (\$25.00) _____

Make Check payable to: Queen City Striders
Mail to: P.O. Box 36
Cumberland, MD 21501

Membership is offered for free (with minimum \$5 contribution appreciated) to cross-country and track runners of local teams. Check here if this applies to you _____

Here's my additional contribution of _____ to the Queen City Striders. Contributions in addition to your membership are always welcome and are tax-deductible.

I am interested in knowing more about opportunities to advertise in The Finish Line or support the Queen City Striders as a corporate sponsor. _____

Are you interested in volunteering? Yes _____ If so, what are your areas of expertise or interest . _____

All members receive The Finish Line, the bi-monthly publication of the Queen City Striders, and FootNotes, the quarterly publication of the Road Runners Club of America



I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of weather, including high heat

and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Queen City Striders Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further I grant permission to all the foregoing to use any photographs, motion pictures, or any other record of events for any legitimate purpose without compensation to me.

Signature _____ Date _____

Parents Signature if Under 18 _____