



GEORGE'S CREEK WATERSHED ASSOCIATION HALLOWEEN 5K & 1 MILE RUN



Saturday, October 24, 2009 at 9:00 a.m.
Midland, MD



The Races: 5K Run through the Town of Midland
1 mile fun run/walk... Costumes welcome!

Entry Fees:

\$18 Adults
\$15 pre-registration
\$10 students

Age Groups:

12 and under	13-19
20-29	30-39
40-49	50 and up

Race Day Registration from 8:00 - 8:45 a.m. at Fire Hall
Pre-registration must be post-marked by October 17th

Awards: \$25 cash prize to overall male and female finishers and top Master's finishers.
\$20 cash prize to overall 1st place finisher with a costume
Door prizes to the top three finishers in each age group
Door prizes to top three male & female finishers in 1 mile run
T-Shirts guaranteed for first 100 entrants

Join us for
refreshments &
awards after
the race!

For more information
please contact:
Adrian Uzunian
914-720-0843
aunuzunian@gmail.com

The GCWA is a cooperative, inclusive, non-profit grassroots organization comprised of residents dedicated to improving the quality of life for the people who live in and visit George's Creek by being effective stewards to our natural environment.

Proceeds will go toward ongoing projects of the GCWA including: Acid Mine Draining monitoring and remediation projects, environmental education, and school-based tree nursery projects at Westmar Middle and Fort Hill High. Additional project information available at www.gcwsa.org.

GCWA Halloween 5K Run

Entry Form (Please print clearly)

Select One: **5K** / **1Mile**

LAST NAME _____

FIRST NAME _____

ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

SEX Female / Male AGE _____ T-SHIRT SIZE (circle one): **S M L XL**



Waiver of Liability

I hereby release from liability the George's Creek Watershed Association, Queen City Striders, RRCA, the Town of Midland, all sponsors, race officials, and anyone connected in anyway with the 2008 GCWA Halloween 5K Run for any injury or ailment resulting from my participation in the above stated race. I further state that I am aware that this race is a strenuous activity, and I have prepared properly for my participation in it.

Signature (parent if runner is under 18 years old)

Date

Entry Fees:
\$15.00 advance registration (postmarked by October 17th)
\$18.00 after October 17th
\$10.00 Students

Please send application and entry fee to:
George's Creek Watershed Association
19018 Legislative Rd. SW
Barton, MD 21521

Registration form available online at: <http://gcwsa.org/fundraisers.html>; and <http://www.qcstriders.org/maincalendar.html>