

****TIME - 8:30****

KIDS RUN

KEYSER KIWANIS BREAKFAST CLUB



**FIRECRACKER 1/4 MILE
10 & UNDER
(AFTER 5K RUN)**

**20th ANNUAL
INDEPENDENCE 5K RUN & 1.5 MILE WALK
JULY 4, 2009**

****TIME-8:30 AM-TIME****

Proceeds to benefit community projects of the Kiwanis Breakfast Club.

THE COURSE: The 5K Run is on a measured/marked course along Water Street and Harley O. Staggers Drive in south Keyser, W. Va. It will begin and end at the entrance to the Keyser Swimming Pool's east parking lot The race is a flat, fast run on hard-surfaced road. The 1.5 mile walk is on the same course.

ENTRY FEE: 5KRUN: \$15.00 if postmarked by June 29, 2009. Registration postmarked after June 29 thru 8:15 AM on July 4 be \$18.00.

1.5 MILE WALK: \$8.00 (THERE IS NO LATE FEE FOR THE WALK.)

****KIDSRUN: NO FEE - PARENTS MUST REGISTER CHILD ON ENTRY FORM.****

AWARDS: 5K RUN: Awards and gift certificates **to the overall male and female winners.**

Awards to the top 3 finishers in the following age groups:

MEN: 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, 60 & over

WOMEN: 15 and under, 16 - 19, 20 - 29, 30 - 39, 40 & over.

1.5 MILE WALK: **THIS IS A NON-COMPETITIVE EVENT.**

KIDS RUN: Certificates, t-shirts and prize bags to all participants.

REGISTRATION INFORMATION: Entrants may pick up their numbers and t-shirts beginning at 7:00 AM, July 4, in the Keyser Swimming Pool's west parking lot. Registration will close at 8:15 AM. Call Joe Altobello at (304) 788-1889. Make checks payable to: **Kiwanis Breakfast Club**

Mail entries to: **Joe Altobello
Independence 5K
HC 72, Box 254
Keyser, WV 26726**

MISCELLANEOUS: T-shirts are guaranteed to the first 90 registrations (run and walk). Restrooms are available at the Keyser Swimming Pool. Participants and their families may enjoy a free swim immediately after the race. Splits will be given at the .5, 1 and 2 mile marks. Water will be provided on the course. Refreshments will be available at the finish.

KEYSER KIWANIS BREAKFAST CLUB "INDEPENDENCE 5K RUN/1.5 MILE WALK" REGISTRATION:

In consideration of your accepting this entry in the "Independence 5K Run/1.5 Mile Walk", I the undersigned, on behalf of myself, my heirs, executors, administrators, and assigns, do hereby release and discharge the Keyser Kiwanis Breakfast Club, Queen City Striders, the volunteer medical and support staff and any other sponsors and their representatives, successors and assigns of all the foregoing from any all claims for damages, demands, and causes of action arising from or out of my participation in me "Independence 5K/1.5 Mile Walk".

Last Name: _____ **First:** _____

MI: _____

Circle: Male Female

Address: _____ **City:** _____

State: _____ **Zip Code:** _____ **Race:** 5K 1.5 M. Walk 1/4 M. Kids Run

Age (as of July 4, 2009): _____ **only) Date:** _____

Signature: _____

Parent's signature if under 18: _____

****TIME - 8:30****



